

The Secret of Self-Esteem

Ephesians 1:1-6

Introduction

- If you are a true born-again believer and have a relationship with the Lord, there are three things you can do everyday that will help you to be what you ought to be, so that you can do what you ought to do, and see yourself for the valuable person that you are.

Discussion

◇ Recognize Who You Are

- Ephesians 1:1

◇ Visualize What You Have

- Ephesians 1:3

◇ Emphasize Whose You Are

- Ephesians 1:6

Conclusion

- My friend, when you understand who you can be, what you can have, and who you can belong to in Jesus Christ, then you will understand the secret of self-esteem.